Brief of (I am A Human)

I am a Human... Is a Reference Comprehensive Book that assesses the requirements, thought, and practices of "coexistence" in the journey of humanity, and our role in managing diversity in life ... and a textbook of which is love, can integrate with features of success, and the deep meaning of wealth in this world. It is like an encyclopedia because it is about attitudes that collect the best of what has been said in coexistence .. The book is divided into three main chapters that push us towards understanding (interaction), then (thinking), then (adaptation) through which we human need to pass through to be a flexible brick that would build more rational and resilient societies.

(I am Human) it is a call for all fellow humans to reconsider our human relationships, and even our relationship with nature. It is the journey of coexistence that should and could be in this nation. It is a textbook that searches for our identity and explores ways to rediscover it. (I am Human) is a reference for 'the Self' that contributes to the realization of the purpose of our existence, and the advancement of humanity. Through this review, we experience the different concepts that would enhance our diversity. It is a real investment towards a mindset that search for means in solutions in order to create a difference in our race of giving something positive to this world.

Life teaches us that coexistence ultimately requires interaction, reflection, and adaptation. These three stirrups move the elements of a stable, renewed society in which the spirit of responsibility, readiness, commitment, and sound management of risks rise, forming an integrated community that builds happiness and inspiration.

I am human.. consists of more than 230 pauses describing practices in flexibility, giving, moderation, moderation, humanity, tolerance and inspiration. The book has been divided into three main divisions to define the meaning of the existence of the human being. The origin is that the person is interacting with his community, as well as thinking about the reasons for his existence and everything around him, and finally he has a high ability to adapt flexibly to events, people, society and nature. The complementarity between these three (interaction, thinking, and adaptation) builds a unique and enriching human experience that leads to the development of societies.

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